



Get the most from your health plan

We make it easy to find the right doctor, stay covered wherever you go, and get information about your plan benefits. We even go beyond your health care to help you protect your identity.

Find the right doctor

Use our *Find a Doctor* tool to locate doctors, hospitals, pharmacies, and more in your plan's network:

Log in or register at blueshieldca.com. After you register, make sure you log in to see your plan's network providers.

- Click on *Find a Doctor* at the top of the page
- Select the type of provider you are looking for

Stay covered while traveling

When you're outside California or out of the country, you and your family can get urgent and emergency care through the BlueCard® and Blue Shield Global Core programs.

To find a provider in the U.S., visit provider.bcbs.com or call **(800) 810-BLUE (2583)**. To find a provider outside the U.S., visit bcbsglobalcore.com or call **(804) 673-1177** collect from outside the U.S.

Know your plan benefits

See your plan details including your copayments or coinsurance. Check your deductible and year-to-date totals. Do all this and more from your phone, tablet, or computer – anytime, day or night.

Here's how to get started:

- From your computer, register for your online account at blueshieldca.com/register
- From your phone, download the Blue Shield of California mobile app on the App Store® or Google Play™ and click *Register*

Estimate your medical costs

Our Treatment Cost Estimator can give you cost estimates for common medical treatments and services. These estimates can help you budget and plan for your care.

- To access the Treatment Cost Estimator, log in to blueshieldca.com. Then, click on *My plan*. Next, scroll down to the *Tools* section, and click on *Treatment cost estimator*.

Safeguard your identity and your credit

Protecting your financial well-being is as important as protecting your health. This is why we offer eligible Blue Shield medical plan members* identity protection services. These include credit monitoring, identity repair assistance, and identity theft insurance. To learn more, visit experianidworks.com/blueshieldca.

When creating your account, you will need to provide the activation code **BCBSCALI23**. For assistance, you can also call **(866) 274-3891**, Monday to Friday from 6 a.m. to 8 p.m. and Saturday and Sunday from 8 a.m. to 5 p.m.

* Federal regulations prohibit Blue Shield of California and Blue Shield of California Promise Health Plan from making this offer available to members enrolled in the Federal Employee Program (FEP), Medicare Part D, and Medicare Advantage plans.