

STUDENT SERVICES FACTSHEETS



Chaplains of The Claremont Colleges



Overview

The Chaplains serve as confidential spiritual counselors and provide ethical leadership to the seven schools of The Claremont Colleges. Located in the McAlister Center, our Chaplains include a Pastor, a Priest, a Rabbi, and an Imam. Each of the Chaplains encourages and supports all religious and spiritual student groups and communities on campus. The Chaplains are here to strengthen individual faith and promote interfaith relations by offering religious support and engagement opportunities and to foster a faith community for students as they pursue their education.

Chaplaincy Services

The Chaplains offer pastoral counseling, mental health and wellness support, and weekly worship events. In addition, the office hosts a variety of interfaith events that include guest speakers, community service opportunities, and holiday observances. Through these events and services, the Chaplains' goal is to support students, educate, and connect students with a supportive community.

Faiths Covered

The Claremont Colleges have four on-site Chaplains, each representing a specific faith. They work alongside the religious and spiritual student groups and communities on campus. The Chaplains aim to enhance individual faith and foster interfaith relations.

Student Experience

- ◆ We provide worship opportunities, religious counseling, and connect you to the religious community on campus.
- ◆ We provide weekly services, spiritual enrichment opportunities, and celebrate religious holy days.
- ◆ We are located at the McAlister Center for Religious Activities. Our center has private prayer rooms, study spaces, and a library of religious texts. We also offer room reservations for student group meetings and special events.
- ◆ We have fun and exciting events all year long.
- ◆ The Claremont Colleges Chaplaincy supports all cultural, religious, and spiritual student groups. We honor all major religious holy days for students, faculty, and staff.

Spiritual Enrichment

Bible Study, Fellowship, Interfaith Events & Gatherings, Liturgy Training, Retreats, Social Justice Events & Projects, and Scripture/Text Study.

Connect with Us

Please visit our website for more information and upcoming events:
www.services.claremont.edu/chaplains

Chaplains Office Contact

📍 McAlister Center for Religious Activities
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📞 (909) 621-8685

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At a Glance

- ◆ Since the founding of Pomona College in 1887, chaplains have been an integral part of campus life. In 1949, at the request of students, the present chaplaincy began.
- ◆ The chaplaincy fosters the religious and spiritual life of the Claremont Colleges.
- ◆ All students are welcome to all events and services, no previous or any religious affiliation required.

Chicano Latino Student Affairs

CLSA
CHICANO LATINO STUDENT AFFAIRS

THE CLAREMONT COLLEGES
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Overview

Chicano Latino Student Affairs (CLSA) aims to foster a sense of familia and community at The Claremont Colleges by providing cultural programming, leadership opportunities, professional development, and academic support for our diverse undergraduate and graduate students.

Celebration of Chicanx/Latinx Heritage

Throughout the year, CLSA presents an exciting calendar of events that celebrates our rich culture and heritage. Much of our programming reflects our unique diaspora, through art, culture, music, poetry and film. We also host a series of lectures that facilitates engaging discourse of issues pertaining to our history and current events.

Building Community

CLSA engages prospective students and connects current students with alumni, to create a strong pipeline of support. One of our key components is the CLSA Sponsor Program, which consists of returning students who serve as peer mentors to first-year Latinx students. Our Sponsors assist first year students as they transition into The Claremont Colleges thus providing a strong foundation of support.

During the academic year, CLSA hosts community-building events that promote leadership development, team building, networking, and cultural awareness amongst prospective and current students, as well as our alumni and community partners. In cultivating these strong relationships, we foster a pipeline that promotes academic success, professional opportunities, and a strong sense of familia within the Latinx community.

Academic and Professional Programming

CLSA's academic and professional workshops prepare students to apply for graduate, and professional schools, and also securing careers within their respective industry. We provide workshops on interview skills, resume and CV writing, along with techniques that enable students to attain internships, research, and career opportunities. Furthermore, our office has direct partnerships with Apple, Accenture Consulting, SEO Career, Teach for America, Georgetown Law, the University of Miami's Miller School of Medicine, UCLA Drew School of Medicine, amongst many others.

CLSA's Resource Center

In an effort to support academic achievement, CLSA provides a study space that is welcoming and comfortable. Students can work on research assignments in our designated computer lab, or research graduate programs, fellowships and internships in our resource center. The resource center can be used after business hours, and on weekends, by filling out a formal request.

Connect with Us

Please visit our website for more information and upcoming events:
services.claremont.edu/clsa

CLSA Office

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Tranquada Student Services Center)

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[f clsaclaremontcolleges](https://www.facebook.com/clsaclaremontcolleges)
[i clsaclaremont](https://www.instagram.com/clsaclaremont)

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At a Glance

- Since its establishment in 1969, Chicano Latino Student Affairs has played an integral role in the lives and experiences of Chicanx/Latinx students attending The Claremont Colleges. Our students comprise a thriving and vibrant community that reflects the diversity of the fastest growing group in the U.S. In light of this, CLSA promotes the concept of "familia" within the Chicanx/Latinx community at The Claremont Colleges, and encourages the educational and professional goals of students.
- We welcome all students to participate in our programming and learn more about our diverse and rich heritage!

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Revised 6/2022

Office of Black Student Affairs

Overview

The Office of Black Student Affairs (OBSA) is a cultural center and service unit providing support, resources, and space for students of African descent to feel safe, valued, informed and connected at The Claremont Colleges. OBSA offers a range of programming on behalf of TCC students of African descent, faculty, staff, and allies. Our key service areas include identity-based workshops, skill-building activities, mentoring, cultural and social enrichment activities, student organizational support, professional/career development workshops, the sharing of TCC resources and referrals, heritage-month programming and other celebrations, and collaborative partnerships with TCC, departments, and organizations.

OBSA Services

- ♦ **Mentorship:** OBSA offers two mentoring programs, one for incoming 5C students matched with upper class peers, and another matching The Claremont Colleges students with The Claremont Colleges alumni.
- ♦ **Identity Based Support:** Since 2017, we have offered the annual Black Intersections Conference exploring an array of issues and themes in an engaging and supportive environment. We provide grant awards to student organizations or individuals to develop collaborative projects or attend national conferences. We offer advising to student organizations and individuals, connections to academic and professional resources and skill-building and wellness programming.
- ♦ **Signature Cultural Celebrations:** In January, OBSA provides a consortium-wide Dr. Martin Luther King, Jr. Commemorative program followed by our February celebration of Black History. We close each year with a Black Alumni Open House in April, followed by the Dr. Agnes Moreland Jackson Service Awards and Black Graduation event each May.
- ♦ **Service and Outreach:** OBSA's annual open house is one of our main outreach programs to connect to multiple campus communities. In spring, OBSA provides an immersive 5C Alternabreak service opportunity in partnership with Draper Center. Throughout the year, we coordinate high school visitations and tours of the center as well as presentations and trainings on behalf of The Claremont Colleges orientation and sponsor programs.

Student Experience

- ♦ Students can subscribe to receive OBSA emails at any time by visiting our website and completing our subscription survey.
- ♦ We offer a range of workshops, social events, special outings and have dozens of active partnerships across the colleges
- ♦ Students can register for card swipe access to use the facilities after hours. Common spaces include the main house, garden, and back house/bungalow.
- ♦ During business hours, OBSA's conference rooms, bungalow, and garden can be used freely for meetings, relaxation, or study.
- ♦ Each year OBSA publishes the Black Book resource guide to help students identify key people, events, resources, and organizations that can support their college journey.
- ♦ OBSA's space can be reserved by anyone in the Claremont Colleges for approved events for free.
- ♦ Students can schedule appointments with our staff to discuss sensitive issues, obtain advising or counseling, or engage in dialogue.
- ♦ Students can apply for grants to support unique projects and conference travel.
- ♦ The annual Black Intersections Conference is free to all TCC students and provides a vibrant intellectual and cultural experience featuring the scholarship of students, as well as faculty, staff, and alumni.

Connect with Us

Please visit our website for more information and upcoming events:
services.claremont.edu/obsa/

OBSA Office

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Assistant Dean of Students
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At a Glance

- ♦ OBSA was founded in 1969 as a result of student protests and negotiations with campus leadership, leading to the creation of what would eventually become The Office of Black Student Affairs, Chicano Latino Student Affairs and Black and Chicana/o-Latina/o Studies.
- ♦ OBSA's central services have evolved over the years to be more inclusive and affirming of students of African descent at various intersections, including but not limited to socioeconomic status, religious affiliation, nationality, sexual identity, gender identity, and expression and biracial and multiracial identities.
- ♦ OBSA is dedicated to supporting and centering Black student experiences at TCC and has designed outreach, support, and engagement on behalf of all undergraduate and graduate student communities.
- ♦ We welcome allies to subscribe to our online newsletters, attend our public events, partner on initiatives, and visit and use the space.

Student Health Services



Overview

Student Health Services (SHS) at The Claremont Colleges is committed to providing excellent, comprehensive outpatient clinical care to promote and maintain the health and well-being of all our students. We achieve this through a multi-disciplinary team approach comprised of physicians, nurse practitioners, registered nurses, medical assistants and office support staff.

SHS Services

SHS provides outpatient office visits for the diagnosis, treatment, and management of acute as well as chronic health conditions. We also provide physicals and sports screenings. In addition, we provide students with routine or travel specific immunizations.

Student Health Services Wellness Room at Pomona College is open 24/7 during the school year carrying EContra EZ emergency contraception pill and various health and wellness educational materials.

Special Services*

- ◆ Illness, Cold/Flu Care, COVID-19 testing and contact tracing
- ◆ General and Sports Physicals
- ◆ X-Ray (chest and extremities), Laboratory Testing, and Immunizations
- ◆ Limited Medications- Dispensary services where students can purchase some of the more commonly prescribed medications
- ◆ Sexual Health and Family Planning Services
- ◆ Minor Surgical Office Procedures
- ◆ HIV PrEP/PEP

Student Experience

SHS is located in the Tranquada Building in the center of campus. All students registered and attending classes at any of The Claremont Colleges are eligible to be seen at Student Health Services. All services are private and confidential except at the student's request or as required by law. Students can schedule an office visit FREE of charge. Same day appointments are usually available. Certain services such as sports/employment physicals as well as any additional testing or medications are a nominal charge. These fees will be disclosed to the student ahead of time.

Enrichment

Throughout the year, SHS offers various wellness and health counseling programs and initiatives. SHS strives to provide prompt and efficient medical services, promoting an awareness of the basic components of good physical, mental and emotional health. We hope to lessen the disruption of student studies by illness and to enhance the emotional, relational, and psychological well-being of students. We strive to promote healthy behaviors and lifestyle choices through ongoing education and outreach programs.

Connect with Us

Please visit our website for more information and upcoming events:
services.claremont.edu/student-health-services/

SHS Office

757 N. College Way
Claremont, CA 91711

shsrecords@claremont.edu

(909) 621-8222: Main Office
(909) 607-2000: After Hours Emergency

[studenthealthtcc](https://www.facebook.com/studenthealthtcc)
[studenthealthtcc](https://www.instagram.com/studenthealthtcc)

After Hours Care

Students can access 24/7, on demand telemedicine care by visiting 7C.Health.

SHS History

- ◆ The original SHS was established in 1952 with a gift from a local physician, Dr. George Baxter.
- ◆ Dr. Baxter provided a \$40,000 gift to build the original SHS.
- ◆ SHS was previously called the Baxter Medical Building.
- ◆ The original location was two blocks south of Honnold Library.
- ◆ The new facility at Tranquada opened in 2005.

* Student Health Services (SHS) does not bill insurance. Students can request receipts for SHS medical services to submit to insurance providers for reimbursement.

* Special Services - For more information please visit services.claremont.edu/student-health-services/



Revised 3/2023

MONSOUR COUNSELING & PSYCHOLOGICAL SERVICES

MCAPS
MONSOUR COUNSELING AND PSYCHOLOGICAL SERVICES

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Overview

Monsour Counseling and Psychological Services (MCAPS) provides mental health services to the students of The Claremont Colleges. We have a diverse staff made up of mental health professionals including psychologists, doctoral level therapists, marriage and family therapist, post-doctoral fellows, psychiatrists and support staff.

MCAPS Services

- ◆ We are excited to announce that we are improving timely access to mental health services at MCAPS. We now offer a Brief Assessment Appointment.
- ◆ MCAPS will now be offering counseling, assessment, and crisis services via teletherapy or telephone for students living in California (this is due to state laws).
- ◆ During our regular office hours, we offer in-person appointments for crisis situations that cannot be handled via telephone or remote zoom session. Rest assured we have options for our out-of-state students too and we can discuss these in detail if you contact our office.
- ◆ The services we provide include, brief individual and couples therapy, group psychotherapy, crisis/on-call services, psychiatry, outreach programming and workshops, and consultations. Therapy services are provided in a confidential environment.

Student Experience

- ◆ Every student at The Claremont Colleges requesting MCAPS services will be seen for a brief 20-25 minute appointment within a few days. This will allow us to quickly connect each student to appropriate mental health care.
- ◆ During the first appointment, student's needs will be assessed and treatment options will be discussed such as being seen at MCAPS for brief short-term goal directed therapy, referred to a therapist in the community, or referred to another resource.
- ◆ MCAPS will now be offering counseling, assessment, and crisis services via teletherapy or telephone for students living in California (this is due to state laws).
- ◆ Students can also call MCAPS to inquire about therapy groups on a number of different topics. Group therapy and outreach workshops will also be offered remotely.
- ◆ Students may also participate in workshops and presentations regarding different areas of mental health and skill building.
- ◆ Psychiatry is also available for students who are seeing a therapist at MCAPS, referred by a therapist they are actively seeing, or needing medication monitoring.
- ◆ Students may also call MCAPS to consult about how to help someone they are concerned about.

Connect with Us

Please visit our website for more information and upcoming events:
services.claremont.edu/mcaps

MCAPS Office

757 N. College Way
Claremont, CA 91711

(909) 621-8202

If you are in crisis and need to speak with a counselor by phone, please call our main phone number **(909) 621-8202** and dial "1" when prompted to be connected with an on-call therapist.

At a Glance

- ◆ Services are free to students
- ◆ MCAPS On-Call therapist is available 24/7 by calling our main office number
- ◆ Services are confidential with limits to confidentiality discussed during first appointment
- ◆ Treatment records are separate from a student's academic records

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Health Education Outreach

Overview

The Health Education Outreach (HEO) department at The Claremont Colleges provides educational programming, access to rapid and confidential services, and a variety of resources that will enable students at the 7C's to play active roles in achieving, protecting, and sustaining health and wellness.

HEO Services

- ◆ Provides safe sex supplies (variety of condoms and lube, finger cots, and dental dams)
- ◆ Provides access to rapid and confidential HIV and pregnancy testing and counseling
- ◆ Provides 100% organic cotton and gynecologist-approved menstrual health products
- ◆ Provides a variety of health and wellness literature/zine collection for student's collection
- ◆ Provides a variety of educational programming on topics that are relevant to general health and wellness, such as substance use, reproductive health, stress management, rest, basic nutrition, and physical activity
- ◆ Along with connecting students to in-house campus resources, we also connect students to outside resources that will support the student's needs such as local planned parenthood or health clinics
- ◆ Provides a room for relaxation and unwinding with our fully equipped massage chairs, scent diffusers, and audio system featuring meditations and relaxing tracks

Student Experience

TCC students consider the HEO department as a safe space to come and take care of their individual health/wellness needs while enjoying spending time with peers playing board games or watching movies. To fully understand the role of HEO and the services we currently provide, we encourage students to email us at HEO@claremont.edu or give us a ring at (909) 607-3602. Let's chat about it!

Enrichment

The HEO department has several trained student leaders known as Peer Health Educators (PHEs), that serve as student ambassadors to represent the student body of the 7C's. They strive to educate and promote healthy behaviors and lifestyle changes on campus by contributing to the designing and implementing programming and raising awareness and knowledge of various wellness topics among their peers.

Mission Statement

To promote achievable health and wellness tools that may benefit the mental, emotional, and physical health and wellbeing of our 7C community using education and programming. Our goal is to educate and provide resources to as many students as possible on healthier behavior choices that should enhance their individual quality of life as students and in their future endeavors. We strive to build a healthier community within The Claremont College Consortium, one campus at a time.

Connect with Us

please visit our website for more information and upcoming events:
<https://services.claremont.edu/heo/>

f [heo.claremont.1](https://www.facebook.com/heo.claremont.1)

@ [healtheducationoutreach](https://www.instagram.com/healtheducationoutreach)

HEO Office

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Tonisha Williams

Department Coordinator

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At a Glance

Similar to the other student services, the HEO department is a shared service provider for all of the seven colleges within the community. We are excited at the opportunity to serve our students again since our closure in early 2020.

- ◆ All services and resources provided are free of charge to students
- ◆ Programming requests are available online; please visit our website
- ◆ Confidential one-on-one educational sessions available upon requests
- ◆ Some services will be performed with the assistance of SHS

Student Disability Resource Center



Overview

The SDRC is dedicated to helping students achieve their academic goals by providing accommodations, assisting in mediation between students and faculty and providing student focus workshops on topics such as time management and study skills. We also provide training to faculty and staff on topics related to working with students with disabilities, Universal Design and Disability as Identity.

SDRC Services

We coordinate and offer the following services to enhance a student's time at The Claremont Colleges.

- ◆ In-person workshops ranging from executive function skills to disability as identity
- ◆ Exam proctoring services at the SDRC testing rooms
- ◆ Assistive technology loan program
- ◆ Alt media conversion/procurement services
- ◆ Student events including social events, workshops and presentations
- ◆ Professional development for staff, faculty and administrators upon request - workshops on universal design, identity development for students with disabilities, classroom management, and inclusive event development

Special Services

The following special services are provided to further enhance a student's learning experience in addition to any services provided at the student's home campus.

- ◆ Virtual workshops/discussions on topics such as time management, study skills, tips for on-line learning and stress management
- ◆ Assistive technology loan program and virtual training- items such as smart pens and dragon naturally speaking can be mailed to student and virtual training provided
- ◆ Assistance with electronic note taking services and tools - Includes smart pens and equipment as well as web based tools such as Otter.ai
- ◆ Digital textbooks procurement and development and access to Kurzweil text to speech software
- ◆ Virtual exam proctoring
- ◆ Advising on universal design for virtual courses

Student Experience

To fully understand and appreciate the role of SDRC, we encourage students to email us SDRC@Claremont.edu to request a Zoom or phone meeting with SDRC staff. These introductory meetings cover an introduction to SDRC, guidance on accommodation processes at individual campuses or information on any of our programs.

Enrichment

The SDRC provides assistive technology guidance and loan for students with registered disabilities. Following an evaluation, we will work with you to provide the best suited technology with training.

Our workshops and presentations are open to all students regardless of disability status.

Connect with Us

Please visit our website for more information and upcoming events:
services.claremont.edu/sdrc

SDRC Office

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At a Glance

The SDRC is shared services working with all seven of The Claremont Colleges to provide additional support and resources to students with disabilities. The SDRC works hand in hand with disability services at each college to create policy and procedure to ensure an equitable and accessible experience at The Claremont Colleges.

