Psychiatry Referral List 2023-2024

*Monsour Counseling and Psychological Services (MCAPS) is not endorsing these psychiatrists, but only providing a list of resources for students and the Claremont Colleges community. It is the responsibility of the student to ensure that providers take their insurance.

**Local Group Practices:**

**Mental Wellness Partners**
820 N. Mountain Ave., Suite 215
Upland, CA 91786
Phone: (909) 920-5150
Website: www.mentalwellnesspartners.com

*Heather Kurera, D.O. [Not Available as of 9/6]*
Email: hkurera@mentalwellnesspartners.com
Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Blue Shield, Cigna, HealthNet/MHN, Magellan, MediCare, TriCare, United Behavioral

*Percival “John” Baldrias, PMHNP-BC [Full as of 9/6]*
Email: jbaldrias@mentalwellnesspartners.com
Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Blue Shield, Cigna, HealthNet/MHN, Magellan, MediCare, TriCare, United Behavioral

*Yuri Villareal, NP [Not Available as of 9/6]*
Email: N/A
Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Blue Shield, Cigna, HealthNet/MHN, Magellan, TriCare, United Behavioral

*Anh Tran, D.O [Earliest availability: 9/27, as of 9/6]*
Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com
Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral

*Rachel Balbas-Go, NP [Earliest availability: 9/12, as of 9/6]*
Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com
Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral

*Eleyna Hicks, NP [Not Available as of 9/6]*
Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com
Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral

*Daniel Morales, NP [Earliest availability: 9/7, as of 9/6]*
Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com
Accepted Insurances: Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral
Mountain View Behavioral Health
585 N. Mountain Ave., Suite B
Upland, CA 91786
Phone: (909) 931-3388
Website: www.mountainviewbh.com

Soe-Moe Kyaw, M.D. [Earliest availability: 2nd week of December, as of 9/6]
Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, First Health, HealthNet, Magellan, Medi-Care, MHN, Optum, TriCare, others through medical groups
Additional Languages: Burmese

Hla Hla Yee, M.D. [Earliest availability: 2nd week of December, as of 9/6]
Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, HealthNet, Magellan, Medi-Care, MHN, Optum, others through medical groups
Additional Languages: Burmese

Iman Hanna, M.D. [Not Available as of 9/6]
Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, HealthNet, Magellan, Medi-Care, MHN, Optum, others through medical groups

Chino Valley Community Health Center
13193 Central Ave., Suite 200
Chino, CA 91710
Phone: (909) 902-9111
Website: www.foothillpsych.com

Sarah Carter, NP
Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, Magellan, Medi-Care, Medi-Cal, Molina, United Behavioral Healthcare

Yuri Villaruel, NP
Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, Magellan, MediCare, Molina, Optum, United Behavioral Health

William Glasser, NP
Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, Magellan, MediCare, Molina, Optum, United Behavioral Health

Health Service Alliance
5050 San Bernardino St.
Montclair, CA 91763
Phone: (909) 281-5800

Sunday Adeyeye, NP
Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, MediCare, Optum, United Behavioral Health
**Sensible Care**  
505 N. Tustin Ave., Suite 150  
Santa Ana, CA 92705  
Phone: (800) 801-9833  
Website: [https://www.sensiblecare.com/](https://www.sensiblecare.com/)  
Email: contact@sensiblecare.com  
Offers Telehealth Services

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**Paul Chung, M.D. (A92851)**  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Healthcare, Tri-Care West  
Specialties: ADHD, Addiction Psychiatry, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Chemical Dependency, Christian Counseling, Compulsive Gambling, Depressive Disorders, Grief/Bereavement, Obsessive Compulsive Disorder (OCD), Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders, Somatoform Disorders, Suboxone  
Languages: Korean  
Additional Licensure: Texas (Tri-Care East, Tri-Care West), Virginia (Tri-Care East)

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**Nadia Barati, M.D. (A121283)**  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, Tri-Care  
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Addiction Psychiatry, Anxiety and Panic Disorders, Bipolar, Brief Solution Focused, Co morbidity, Cognitive Behavioral Therapy, Cultural/Ethnic Issues, Depressive Disorders, Gay-Lesbian Issues, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Personality Disorders, Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Women's Issues

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**Gabrielle Lewis, N.P. (NP95013910)**  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Healthcare, Tri-Care West  
Specialties: ADHD, Anger Management, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Grief/Bereavement, Obsessive Compulsive Disorder (OCD), Phobia, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Women's Issues

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**Amanda Pham, M.D.**  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West  
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Anxiety and Panic Disorders, Autism Spectrum Disorder, Bipolar, Child Abuse, Child Psychiatry, Cultural/Ethnic Issues, Depressive Disorders, Obsessive Compulsive Disorder (OCD), Parenting Issues, Personality Disorders, Post-Partum Depression, Post-Traumatic Stress Disorder, Prenatal Issues, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders

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**Keith Brar, N.P.**  
Accepted Insurance: Aetna, Anthem Blue Cross, Cigna, Optum, United Behavioral Health  
Specialties: ADHD, Anxiety and Panic Disorders, Bipolar, Borderline Personality Disorder, Child Psychiatry, Cognitive Behavioral Therapy, Depressive Disorders, Life Management Counseling, Occupational Issues, Parenting Issues, Personality Disorders, Post-Partum Depression, Post-Traumatic Stress Disorder, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders, Stress Management  
Languages: Punjabi  
Additional Licensure: Florida (Tri-Care East), Virginia (Tri-Care East)
Cassandra Silver, N.P. (NP95012192)
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Addiction Psychiatry, Adolescent Psychiatry, Anger Management, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Brief Solution Focused, Chemical Dependency, Cognitive Behavioral Therapy, Crisis Intervention, Depressive Disorders, Dissociative Disorder, Eating Disorders, Grief/Bereavement, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Personality Disorders, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Rape Issues, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Stress Management, Women's Issues

Shiwei “Thomas” Zhou, M.D. [Not Available as of 9/6]
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Adolescent Psychiatry, Anger Management, Anxiety and Panic Disorders, Autism Spectrum Disorder, Behavior Modification, Bipolar, Child Psychiatry, Cognitive Behavioral Therapy, Depressive Disorders, Grief/Bereavement, Life Management Counseling, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Parenting Issues, Personality Disorders, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders, Somatoform Disorders, Stress Management

Michael Ogata, M.D. [Not Available as of 9/6]
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West

Sean Tai, M.D.
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West
Specialties: ADHD, Anger Management, Anxiety and Panic Disorders, Bipolar, Cultural/Ethnic Issues, Depressive Disorders, Gay-Lesbian Issues, Gender Identity, HIV/AIDS Related Issues, LBGTQ+, Obsessive Compulsive Disorder (OCD), Post-Partum Depression, Post-Traumatic Stress Disorder, Transgender Issues

Nadia Barati, M.D.
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West
Specialties: Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Obsessive Compulsive Disorder (OCD), Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Women's Issues
Languages: Farsi
Steven Allen, M.D. [Not Available as of 9/6]  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health  
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Addiction Psychiatry, Anger Management, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Chemical Dependency, Co morbidity, Cognitive Behavioral Therapy, Compulsive Gambling, Crisis Intervention, Cultural/Ethnic Issues, Depressive Disorders, Detoxification, Dissociative Disorder, Divorce/Blended Family Issues, Eating Disorders, Family Therapy, Forensic, Geriatric Psychiatry, Grief/Bereavement, Group Therapy, Marriage and Family Therapy, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Occupational Issues, Personality Disorders, Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Rape Issues, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Stress Management, Suboxone, Substance Abuse Professional

Shou Want, N.P.  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West  
Specialties: ADHD, Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Medication Management, Mood Disorders, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Stress Management  
Languages: Mandarin Chinese

Viktoriya Golovatscka, N.P.  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West  
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Chemical Dependency, Co morbidity, Depressive Disorders, Gay-Lesbian Issues, Gender Identity, Grief/Bereavement, Mood Disorders, Obsessive Compulsive Disorder (OCD), Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Substance Abuse, Women's Issues  
Languages: Russian

Yelaina Yoon, N.P.  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West  
Specialties: ADHD, Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Grief/Bereavement, Obsessive Compulsive Disorder (OCD), Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders  
Languages: Korean

Find Your Balance, Center for Growth & Change, Inc.  
15720 Ventura Blvd., Suite 420  
Encino, CA 91436  
Phone: (818) 927-0478  
Website: www.findyourbalancecenter.com  
Email: appointments@findyourbalancecenter.com  
Offers Telehealth Services

Tony Akepengbe, PMHNP (NP778311) [Earliest availability: 10/11 as of 9/6]  
Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, MHN/HealthNet  
Specialties: ADHD, anxiety, bipolar disorder, depression, OCD, PTSD
**Individual Psychiatrists:**

*Melissa Frost, NP (13697) [Earliest availability: 9/8 as of 9/6]*
[Telehealth Only]
Glendora, CA 91741
Phone: (626) 600-8543
Website: [http://frostmentalhealth.com/](http://frostmentalhealth.com/)
Email: Office@FrostMentalHealth.com
Accepted Insurances: None (Cash only)
Specialties: Psychiatric mental health
Offers Telehealth Services

*Sheela Masifi, M.D. (A154508)*
3857 Birch St., Suite 3036
Newport Beach, CA 92660
Phone: (949) 287-8014
Website: [https://www.nurturepsych.com/](https://www.nurturepsych.com/)
Email: drmasifi@nurturepsych.com
Accepted Insurances: Out of Network
Specialties: Codependency, LGBTQIA+ friendly, Minority mental health (especially Asian or biracial), OCD, PTSD, Social anxiety
Offers Telehealth Services Only

*Kenneth Etefia, M.D. (A108453) [Earliest availability: 9/8 as of 9/6]*
1650 S. Amphlett Blvd., Suite 203 or 8500 Wilshire Blvd., Suite 520
San Mateo, CA 94402 Beverly Hills, CA 90211
Phone: (650) 206-8932
Website: [https://www.renaimed.com/](https://www.renaimed.com/)
Email: assistant@dretefiamd.com or assistant@renaimed.com
Accepted Insurances: None
Specialties: ADHD, Anxiety, Child & adolescent psychiatry, Depression, Eating disorders, OCD, PTSD
Offers Telehealth Services

*Kevin Chun, M.D. (A160620)*
1400 Quail St., Suite 210
Newport Beach, CA 92660
Phone: (949) 732-0254
Website: [https://www.irvinecollegepsychiatry.com](https://www.irvinecollegepsychiatry.com)
Email: kevinchunmd@irvinecollegepsychiatry.com
Accepted Insurances: None
Specialties: ADHD, anxiety, body image, Borderline Personality Disorder, cultural backgrounds, depression, eating disorders, LGBTQIA+, OCD, perfectionism tendencies, suicidality; combines psychotherapy with psychiatric services by offering ACT, CBT, & ERP; sees childrens & adults
Offers Telehealth Services
Cecilia Monari Lipira, M.D. (171048)
[Telehealth Only]
Phone: (646) 481-8116 [Call/Text]
Website: N/A
Email: doclipira@linden.sprucecare.com
Accepted Insurances: None
Specialties: General Psychiatry, Child & Adolescent Psychiatry, Reproductive Psychiatry; Individual, Family & Couples Therapy
Additional Licensure: New York
[Emailed 9/6, confirmed 9/6]

Low Cost Services:

Tri City Mental Health
2008 N. Garey Ave.
Pomona, CA 91767
Phone: 909-623-9500
Website: http://www.tricitymhs.org/
Accepted Insurances: Medi-Cal