

Psychiatry Referral List 2023-2024

*Monsour Counseling and Psychological Services (MCAPS) is not endorsing these psychiatrists, but only providing a list of resources for students and the Claremont Colleges community. It is the responsibility of the student to ensure that providers take their insurance.

Local Group Practices:

Mental Wellness Partners

820 N. Mountain Ave., Suite 215

Upland, CA 91786

Phone: (909) 920-5150

Website: www.mentalwellnesspartners.com

Heather Kurera, D.O. [Not Available as of 9/6]

Email: hkurera@mentalwellnesspartners.com

Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Blue Shield, Cigna, HealthNet/MHN, Magellan, MediCare, TriCare, United Behavioral

Percival "John" Baldrias, PMHNP-BC [Full as of 9/6]

Email: jbaldrias@mentalwellnesspartners.com

Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Blue Shield, Cigna, HealthNet/MHN, Magellan, MediCare, TriCare, United Behavioral

Yuri Villareal, NP [Not Available as of 9/6]

Email: N/A

Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Blue Shield, Cigna, HealthNet/MHN, Magellan, TriCare, United Behavioral

Anh Tran, D.O [Earliest availability: 9/27, as of 9/6]

Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com

Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral

Rachel Balbas-Go, NP [Earliest availability: 9/12, as of 9/6]

Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com

Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral

Eleya Hicks, NP [Not Available as of 9/6]

Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com

Accepted Insurances: Aetna, Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral

Daniel Morales, NP [Earliest availability: 9/7, as of 9/6]

Email: assistant@mentalwellnesspartners.com or assistant2@mentalwellnesspartners.com

Accepted Insurances: Blue Cross Blue Shield (Anthem), Cigna, HealthNet/MHN, Magellan, United Behavioral



Mountain View Behavioral Health

585 N. Mountain Ave., Suite B

Upland, CA 91786

Phone: (909) 931-3388

Website: www.mountainviewbh.com

Soe-Moe Kyaw, M.D. [Earliest availability: 2nd week of December, as of 9/6]

Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, First Health, HealthNet, Magellan, Medi-Care, MHN, Optum, TriCare, others through medical groups

Additional Languages: Burmese

Hla Hla Yee, M.D. [Earliest availability: 2nd week of December, as of 9/6]

Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, HealthNet, Magellan, Medi-Care, MHN, Optum, others through medical groups

Additional Languages: Burmese

Iman Hanna, M.D. [Not Available as of 9/6]

Accepted Insurances: Aetna, Anthem Blue Cross, Blue Shield, Cigna, HealthNet, Magellan, Medi-Care, MHN, Optum, others through medical groups

Chino Valley Community Health Center

13193 Central Ave., Suite 200

Chino, CA 91710

Phone: (909) 902-9111

Website: www.foothillpsych.com

Sarah Carter, NP

Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, Magellan, Medi-Care, Medical, Molina, United Behavioral Healthcare

Yuri Villaruel, NP

Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, Magellan, MediCare, Molina, Optum, United Behavioral Health

William Glasser, NP

Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, Magellan, MediCare, Molina, Optum, United Behavioral Health

Health Service Alliance

5050 San Bernardino St.

Montclair, CA 91763

Phone: (909) 281-5800

Sunday Adeyeye, NP

Accepted Insurances: Aetna, Blue Cross, Cigna, HealthNet/MHN, IEHP, MediCare, Optum, United Behavioral Health

Sensible Care

505 N. Tustin Ave., Suite 150

Santa Ana, CA 92705

Phone: (800) 801-9833

Website: <https://www.sensiblecare.com/>

Email: contact@sensiblecare.com

Offers Telehealth Services

Paul Chung, M.D. (A92851)

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Healthcare, Tri-Care West

Specialties: ADHD, Addiction Psychiatry, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Chemical Dependency, Christian Counseling, Compulsive Gambling, Depressive Disorders, Grief/Bereavement, Obsessive Compulsive Disorder (OCD), Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders, Somatoform Disorders, Suboxone

Languages: Korean

Additional Licensure: Texas (Tri-Care East, Tri-Care West), Virginia (Tri-Care East)

Nadia Barati, M.D. (A121283)

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, Tri-Care

Specialties: Abuse (Physical, Sexual, etc.), ADHD, Addiction Psychiatry, Anxiety and Panic Disorders, Bipolar, Brief Solution Focused, Co morbidity, Cognitive Behavioral Therapy, Cultural/Ethnic Issues, Depressive Disorders, Gay-Lesbian Issues, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Personality Disorders, Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Women's Issues

Gabrielle Lewis, N.P. (NP95013910)

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Healthcare, Tri-Care West

Specialties: ADHD, Anger Management, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Grief/Bereavement, Obsessive Compulsive Disorder (OCD), Phobia, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Women's Issues

Amanda Pham, M.D.

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West

Specialties: Abuse (Physical, Sexual, etc.), ADHD, Anxiety and Panic Disorders, Autism Spectrum Disorder, Bipolar, Child Abuse, Child Psychiatry, Cultural/Ethnic Issues, Depressive Disorders, Obsessive Compulsive Disorder (OCD), Parenting Issues, Personality Disorders, Post-Partum Depression, Post-Traumatic Stress Disorder, Prenatal Issues, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders

Keith Brar, N.P.

Accepted Insurance: Aetna, Anthem Blue Cross, Cigna, Optum, United Behavioral Health

Specialties: ADHD, Anxiety and Panic Disorders, Bipolar, Borderline Personality Disorder, Child Psychiatry, Cognitive Behavioral Therapy, Depressive Disorders, Life Management Counseling, Occupational Issues, Parenting Issues, Personality Disorders, Post-Partum Depression, Post-Traumatic Stress Disorder, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders, Stress Management

Languages: Punjabi

Additional Licensure: Florida (Tri-Care East), Virginia (Tri-Care East)

Cassandra Silver, N.P. (NP95012192)

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Healthcare, Tri-Care West

Specialties: Abuse (Physical, Sexual, etc.), ADHD, Addiction Psychiatry, Adolescent Psychiatry, Anger Management, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Brief Solution Focused, Chemical Dependency, Cognitive Behavioral Therapy, Crisis Intervention, Depressive Disorders, Dissociative Disorder, Eating Disorders, Grief/Bereavement, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Personality Disorders, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Rape Issues, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Stress Management, Women's Issues

Shiwei "Thomas" Zhou, M.D. [Not Available as of 9/6]

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West

Specialties: Abuse (Physical, Sexual, etc.), ADHD, Adolescent Psychiatry, Anger Management, Anxiety and Panic Disorders, Autism Spectrum Disorder, Behavior Modification, Bipolar, Child Psychiatry, Cognitive Behavioral Therapy, Depressive Disorders, Grief/Bereavement, Life Management Counseling, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Parenting Issues, Personality Disorders, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders, Somatoform Disorders, Stress Management

Michael Ogata, M.D. [Not Available as of 9/6]

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West

Specialties: Abuse (Physical, Sexual, etc.), ADHD, Anger Management, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Autism Spectrum Disorder, Behavior Modification, Bipolar, Borderline Personality Disorder, Child Abuse, Cognitive Behavioral Therapy, Cultural/Ethnic Issues, Depressive Disorders, Developmental Disabilities, Dissociative Disorder, Divorce/Blended Family Issues, Domestic Violence, Eating Disorders, End of Life Issues, Gay-Lesbian Issues, Gender Identity, Grief/Bereavement, Health-Disabilities, HIV/AIDS Related Issues, Obsessive Compulsive Disorder (OCD), Personality Disorders, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sexual Dysfunction, Self Harm, Sleeping Disorders, Somatoform Disorders, Stress Management, Women's Issues

Sean Tai, M.D.

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West

Specialties: ADHD, Anger Management, Anxiety and Panic Disorders, Bipolar, Cultural/Ethnic Issues, Depressive Disorders, Gay-Lesbian Issues, Gender Identity, HIV/AIDS Related Issues, LBGTQ+, Obsessive Compulsive Disorder (OCD), Post-Partum Depression, Post-Traumatic Stress Disorder, Transgender Issues

Nadia Barati, M.D.

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West

Specialties: Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Obsessive Compulsive Disorder (OCD), Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Women's Issues

Languages: Farsi

Steven Allen, M.D. [Not Available as of 9/6]

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Addiction Psychiatry, Anger Management, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Chemical Dependency, Co morbidity, Cognitive Behavioral Therapy, Compulsive Gambling, Crisis Intervention, Cultural/Ethnic Issues, Depressive Disorders, Detoxification, Dissociative Disorder, Divorce/Blended Family Issues, Eating Disorders, Family Therapy, Forensic, Geriatric Psychiatry, Grief/Bereavement, Group Therapy, Marriage and Family Therapy, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Occupational Issues, Personality Disorders, Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Rape Issues, Schizophrenia/Schizoaffective Disorder, Somatoform Disorders, Stress Management, Suboxone, Substance Abuse Professional

Shou Want, N.P.

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West
Specialties: ADHD, Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Medication Management, Mood Disorders, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Stress Management
Languages: Mandarin Chinese

Viktoriya Golovatscka, N.P.

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West
Specialties: Abuse (Physical, Sexual, etc.), ADHD, Anti-Psychotic Injectables, Anxiety and Panic Disorders, Bipolar, Chemical Dependency, Co morbidity, Depressive Disorders, Gay-Lesbian Issues, Gender Identity, Grief/Bereavement, Mood Disorders, Obsessive Compulsive Disorder (OCD), Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Substance Abuse, Women's Issues
Languages: Russian

Yelaina Yoon, N.P.

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, Humana, Optum, United Behavioral Health, Tri-Care West
Specialties: ADHD, Anxiety and Panic Disorders, Bipolar, Depressive Disorders, Grief/Bereavement, Obsessive Compulsive Disorder (OCD), Phobia, Post-Partum Depression, Post-Traumatic Stress Disorder, Psychotic Disorders, Schizophrenia/Schizoaffective Disorder, Sleeping Disorders
Languages: Korean

Find Your Balance, Center for Growth & Change, Inc.

15720 Ventura Blvd., Suite 420

Encino, CA 91436

Phone: (818) 927-0478

Website: www.findyourbalancecenter.com

Email: appointments@findyourbalancecenter.com

Offers Telehealth Services

Tony Akepengbe, PMHNP (NP778311) [Earliest availability: 10/11 as of 9/6]

Accepted Insurances: Aetna, Anthem Blue Cross, Cigna, MHN/HealthNet
Specialities: ADHD, anxiety, bipolar disorder, depression, OCD, PTSD

Individual Psychiatrists:

Melissa Frost, NP (13697) [Earliest availability: 9/8 as of 9/6]

[Telehealth Only]

Glendora, CA 91741

Phone: (626) 600-8543

Website: <http://frostmentalhealth.com/>

Email: Office@FrostMentalHealth.com

Accepted Insurances: None (Cash only)

Specialties: Psychiatric mental health

Offers Telehealth Services

Sheela Masifi, M.D. (A154508)

3857 Birch St., Suite 3036

Newport Beach, CA 92660

Phone: (949) 287-8014

Website: <https://www.nurturepsych.com/>

Email: drmasifi@nurturepsych.com

Accepted Insurances: Out of Network

Specialities: Codependency, LGBTQIA+ friendly, Minority mental health (especially Asian or biracial), OCD, PTSD, Social anxiety

Offers Telehealth Services Only

Kenneth Etefia, M.D. (A108453) [Earliest availability: 9/8 as of 9/6]

1650 S. Amphlett Blvd., Suite 203 or 8500 Wilshire Blvd., Suite 520

San Mateo, CA 94402

Beverly Hills, CA 90211

Phone: (650) 206-8932

Website: <https://www.renamed.com/>

Email: assistant@dretefiamd.com or assistant@renamed.com

Accepted Insurances: None

Specialities: ADHD, Anxiety, Child & adolescent psychiatry, Depression, Eating disorders, OCD, PTSD

Offers Telehealth Services

Kevin Chun, M.D. (A160620)

1400 Quail St., Suite 210

Newport Beach, CA 92660

Phone: (949) 732-0254

Website: <https://www.irvinecollegepsychiatry.com>

Email: kevinchunmd@irvinecollegepsychiatry.com

Accepted Insurances: None

Specialties: ADHD, anxiety, body image, Borderline Personality Disorder, cultural backgrounds, depression, eating disorders, LGBTQIA+, OCD, perfectionism tendencies, suicidality; combines psychotherapy with psychiatric services by offering ACT, CBT, & ERP; sees childrens & adults

Offers Telehealth Services

Cecilia Monari Lipira, M.D. (171048)

[Telehealth Only]

Phone: (646) 481-8116 [Call/Text]

Website: N/A

Email: doclipira@linden.sprucecare.com

Accepted Insurances: None

Specialties: General Psychiatry, Child & Adolescent Psychiatry, Reproductive Psychiatry; Individual, Family & Couples Therapy

Additional Licensure: New York

[Emailed 9/6, confirmed 9/6]

Low Cost Services:

Tri City Mental Health

2008 N. Garey Ave.

Pomona, CA 91767

Phone: 909-623-9500

Website: <http://www.tricitymhs.org/>

Accepted Insurances: Medi-Cal