“Knock, knock. I'm baaack!”
— the Flu

Protect yourself and your family from the flu — get a flu vaccine at your local pharmacy

Before you know it, the flu will be visiting again. The good news is the flu shot can help protect you, your family, and community — especially those at high risk for illness and those with chronic conditions. It’s best to get the shot before flu cases rise, since it takes up to two weeks for the vaccine to build up your immunity and make you more protected.

Your Anthem plan covers preventive flu vaccines at 100% when you go to a pharmacy in your plan’s network. Many pharmacies offer convenient evening and weekend hours so you can fit a shot into your busy schedule.

The flu shot works

The Centers for Disease Control and Prevention (CDC) estimates the flu shot prevented:

1.8 million flu-related illnesses
1 million doctor visits
22,000 hospitalizations

Find a flu shot
Scan the QR code with your phone’s camera to find a local pharmacy in your plan’s network and get a flu shot.