



## Entrance Health Forms

Student Health Services  
757 College Way  
Claremont, CA 91711  
P: (909) 621-8222 – Fax: (909) 621-8472

Congratulations and welcome to The Claremont Colleges (TCC) and your Student Health Services! Attached is your **Entrance Personal Health History/Medical Examination Report Form**. This form provides your history of previous medical care from your personal health care provider and is the basis for your continuing medical care on campus. **Completion in full regardless of your status (i.e. part-time, exchange, or transfer student) is required for registration at any of The Claremont Colleges.** This form must be submitted by July 15<sup>th</sup> for students beginning in the Fall semester and by January 15<sup>th</sup> for students beginning in the Spring semester.

Please complete pages one, two, and three yourself. Pages four, five, and six are to be completed by your personal health care provider. Please note that **required** immunizations and screening include:

- COVID – 1<sup>st</sup> primary series or 1 bivalent booster
- Influenza vaccine – must complete vaccine no later than October 31<sup>st</sup> of entering school year.
- Hepatitis B (HBV) - 3 dose series
- Measles, Mumps, and Rubella (MMR) - two dose series
- Meningococcal Conjugate (MCV4) and booster dose at or after age 16
- Primary series of Tetanus, Diphtheria, Pertussis and Tdap booster within the last 10 years
- Tuberculosis screening questionnaire (TB skin test, CXR, or QuantiFERON blood test to be performed, if indicated)
- Varicella Zoster (VZV) - 2 dose series or date of disease

Immunization records are required to prevent outbreaks of disease on campus as well as to help recognize students who are at risk should a disease outbreak occur. **If you cannot locate your immunization records, you have two options:**

- You can be re-immunized.
- You can have a blood test to determine immunity for HBV, MMR, and VZV. If the blood test indicates you are not immune to HBV, MMR, or VZV you will have to be re-immunized.

Student Health Services participates in the California Immunization Registry (CAIR). More information can be found at [https://cairweb.org/docs/CAIR\\_Disclosure\\_Eng.pdf](https://cairweb.org/docs/CAIR_Disclosure_Eng.pdf).

Once your form has been completed, mail it directly to Student Health Services at 757 College Way, Claremont, CA 91711, fax it to (909) 621-8472 or upload it directly to SHS at <https://bit.ly/2WfxT3m>.

All students are required to carry major medical insurance to provide supplemental coverage in the event of an acute injury or illness requiring hospitalization. A Student Health Insurance Plan (SHIP) is available to students attending TCC. International students are required to purchase the Student Health Insurance Plan (SHIP). Please contact your Dean of Students' Office for brochures and plan information.

The staff at Student Health Services looks forward to assisting you with your health care needs while you are at The Claremont Colleges. Our website, [www.services.claremont.edu/student-health-services](http://www.services.claremont.edu/student-health-services) has more information about our services.

Thank you for your cooperation. Your compliance helps protect the health of the entire campus community.



## **MENINGOCOCCAL DISEASE**

This information is to inform you about meningococcal disease, a potentially fatal bacterial infection commonly referred to as meningitis, and the current recommendations from the Centers for Disease Control and Prevention (CDC) along with the recommendations of the Advisory Committee on Immunization Practices (ACIP).

Meningitis is rare. However, when it strikes, its flu-like symptoms make diagnosis difficult. If not treated early, meningitis can lead to swelling of the fluid surrounding the brain and spinal column as well as severe and permanent disabilities, such as hearing loss, brain damage, seizures, limb amputation, and even death. The disease strikes about 4000 Americans each year and claims about 500 lives. Between 100 and 125 meningitis cases occur on college campuses nationwide and as many as 15 students will die from the disease.

The Claremont Colleges, in an effort to keep the campus safe and as healthy as possible, now require all incoming freshmen to show proof of meningococcal vaccination. The vaccine is available at Student Health Services any day by appointment. For more information, please feel free to contact our health service and/or consult your health care provider. You can also find information about this disease on our web site, [www.services.claremont.edu/shs/](http://www.services.claremont.edu/shs/), which links to the website for the Centers for Disease Control and Prevention (CDC), <http://www.cdc.gov/> and the American College Health Association website, <http://www.acha.org/meningitis>.

Please note that the required Meningococcal Tetravalent (Men ACWY) vaccination is different from the recommended Meningococcal B vaccination. All students need to have had a Meningococcal Tetravalent vaccination, with a booster dose given at age 16 or older. Meningococcal B vaccinations are strongly recommended for all students, but are not required at this time.

**Please select your campus:**

Pomona College

**Please indicate your academic status**

First-Year Freshman

Sophomore

Junior

Senior

To provide a safe and healthy environment at The Claremont Colleges, **ALL** students are required to complete this health record **PRIOR** to entry. This form **MUST** be returned by **July 15<sup>th</sup>** for the Fall semester or **January 15<sup>th</sup>** for the Spring semester.

**IMPORTANT GENERAL INFORMATION**

- Please read prior to completing this form:
  - SHS letter of introduction
  - Information on meningococcal disease
- If documentation of immunization is unavailable, you must be re-immunized for Hepatitis B, Measles, Mumps, Rubella, and Varicella Zoster or show proof of immunity for that disease. Meningococcal vaccination at or after age 16 and a Tdap booster within the last 10 years are required. COVID-19 vaccination is required to be up-to date. Annual influenza vaccination is required by October 31<sup>st</sup>.
- **Please make a copy of this form for your records.**

**Part I: PATIENT INFORMATION (To be completed by student OR guardian if under age 18)**

Full Legal Name  
 First: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Name Chosen: \_\_\_\_\_ Pronouns: \_\_\_\_\_ Gender: \_\_\_\_\_

Campus ID#: \_\_\_\_\_ Home Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Country \_\_\_\_\_

Student Cell: ( \_\_\_\_\_ ) Campus Email: \_\_\_\_\_ @ \_\_\_\_\_ .edu

Emergency Contact:  
 Name: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_ Primary Phone Number ( \_\_\_\_\_ ) \_\_\_\_\_

Address:  
 Street Number \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Country \_\_\_\_\_

**MEDICAL CARE AUTHORIZATION**

I, the undersigned, hereby specifically authorize The Claremont Colleges Services Student Health Services health care provider or whomever they may designate to administer any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, in serious or major illnesses or injuries without prior notification of the undersigned or any other person and without obtaining consent of the undersigned or any other person, if in the judgment of the physician or designee it is necessary for health care reasons to proceed with the treatment without delay. I further agree that the attending health care provider or whomever they may designate may evaluate and treat all other injuries or illnesses for which help is sought. In the case of a minor student, (under the age of 18), this treatment may proceed without prior notification of the undersigned parent or guardian. I further agree that the Student Health Services may release any medical information to other campus health care providers at Monsour Counseling and Psychological Services who may be providing care.

**SIGNATURE OF STUDENT: All students must sign. If under 18 years of age, Parental Signature is also required.**

STUDENT SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_

**NOTE:** A **release of information (ROI)** must be signed, dated, and on file for all students, regardless of age, before any patient records and/or billing information may be released/discussed with a parent, guardian, spouse, or healthcare provider. A form is available at <https://services.claremont.edu/wp-content/uploads/2021/09/ROI-092821.pdf> or at Student Health Services

**\*\*All forms should be uploaded to directly to SHS at <https://bit.ly/2WfxT3m> or may be submitted by mail to Student Health Services at 757 College Way, Claremont, CA 91711 or by fax to (909) 621-8472.**



Patient Name: \_\_\_\_\_

**PART II: PERSONAL HEALTH HISTORY: TO BE COMPLETED BY STUDENT**

Have you ever been diagnosed with any of the following?

Yes

- Acne, severe
- Alcohol/drug addiction
- Allergies of any kind
- Anemia
- Anxiety or panic attacks
- Arthritis
- Asthma, including exercise induced
- Attention deficit disorder/ADHD
- Back pain, chronic
- Bipolar disorder
- Blood clotting disorder
- Cancer
- Chickenpox
- COVID-19
- Crohn's Disease
- Depression
- Diabetes
- Eating Disorder
- Ear, nose, or throat disorders
- Epilepsy/Seizures
- Fainting/Blackouts
- Genital herpes

Yes

- Genital warts (HPV)
- Headaches, frequent, severe
- Head injury
- Hearing difficulty
- Heart disease
- Heart murmur/Arrhythmia
- Hepatitis
- High blood pressure
- Immune system problem
- Kidney disease
- Leukemia
- Loss of a paired organ (eye, kidney, testicle)
- Meningitis/Encephalitis
- Menstrual problems
- Mononucleosis
- Ovarian cyst
- Pneumonia
- Positive tuberculin skin test
- Psychiatric treatment
- Sickle cell trait/disease

Yes

- Self Injury
- Thyroid condition
- Urinary tract infection (recurrent)
- Other: \_\_\_\_\_

Do you have a family history of any of the following conditions? (parents, grandparents, or siblings)

- Blood clotting disorder
- Cancer
- Diabetes
- Heart disease
- High blood pressure
- Kidney disease
- Mental illness
- Migraine
- Rheumatoid arthritis
- Sudden death
- Thyroid disease
- Other: \_\_\_\_\_

*If you answered "YES" to any of the conditions listed above, please explain in the space below. Give the DATE and OUTCOME of ALL conditions above or any other conditions or medical history not listed. You may attach additional sheets and old medical records if necessary.*

\_\_\_\_\_

\_\_\_\_\_

List all other surgical procedures, except fractures, with dates: \_\_\_\_\_

\_\_\_\_\_

List all medical/psychiatric hospitalizations, with dates: \_\_\_\_\_

\_\_\_\_\_

List all significant injuries and illnesses, with dates: \_\_\_\_\_

\_\_\_\_\_

List any medications taken regularly OR attach a list to this packet: \_\_\_\_\_

\_\_\_\_\_

List Allergy/Medication Reaction History: \_\_\_\_\_

\_\_\_\_\_



Patient Name: \_\_\_\_\_

**PART III: MEDICAL INSURANCE**

It is required that all students be covered by medical insurance to provide supplemental coverage for medical costs in the event of a severe illness, injury, or accident. **The Claremont Colleges Services: Student Health Services DOES NOT do any medical insurance billing.** However, information about a student’s medical coverage can expedite the process of community subspecialty referrals if necessary as well as insurance identification card carried by the student.

Students of The Claremont Colleges are automatically enrolled into SHIP (Student Health Insurance Plan). Students wishing to waive SHIP coverage **MUST** submit proof of coverage prior to registration via their campus online waiver portal.

**Please note that this form is ONLY for Student Health Service’s use and DOES NOT waive you from SHIP.** If you are not waiving SHIP coverage, please check the box below. SHIP policy information will become available after the start of the semester.

I am enrolling into SHIP.

I have my own insurance and will waive SHIP. Current medical insurance information is completed below.

Name of Insurance Carrier: \_\_\_\_\_

Policy Number(s): \_\_\_\_\_ Phone Number for Reporting Claims: ( \_\_\_\_\_ ) \_\_\_\_\_



Patient Name: \_\_\_\_\_

**Part IV: PHYSICAL EXAMINATION: TO BE COMPLETED BY A HEALTH CARE PROVIDER ONLY**

*Forms completed by family member/relative will NOT be accepted.*

**TO THE HEALTH CARE PROVIDER:** Please review the health history provided by the student and add or complete anything of significance. After a complete physical examination, we would appreciate your evaluation of the student's physical status, both for the student and as a basis for their continuing medical care. Copy of physical completed in the last twelve months is accepted. Please check the appropriate box below.

- Physical completed in the last 12 months attached. Complete Section B with signature or stamp at bottom of page.
- Physical completed below. Signature or stamp REQUIRED at bottom of page.

**Section A:**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Pulse: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Vision (Uncorrected): R 20/ \_\_\_\_\_ L 20/ \_\_\_\_\_ (Corrected): R 20/ \_\_\_\_\_ L 20/ \_\_\_\_\_

List ANY allergies to medications or foods: \_\_\_\_\_

PHYSICAL EXAM	NORMAL	ABNORMAL	EXPLANATION OF ABNORMAL FINDINGS
Head/EENT			
Neck/Lymph/Thyroid			
Cardiovascular			
Respiratory			
Breast exam			
Abdomen			
Hernia/Testicles			
Musculo-skeletal			
Neurologic			
Skin			

**Section B:**

List all medications you are prescribing for the patient: \_\_\_\_\_

Please describe ANY current treatment and recommended further treatment: \_\_\_\_\_

Recommendations for intramural/intercollegiate physical activity:

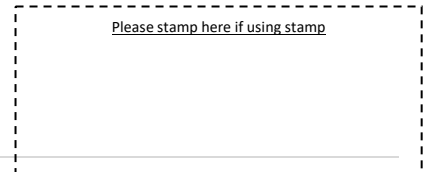
- May participate in sports without restrictions
- Should not participate in sports (please explain): \_\_\_\_\_

May participate with the following restrictions: \_\_\_\_\_

Medical or orthopedic problem must be evaluated before participation is allowed (please explain): \_\_\_\_\_

**PART IV: HEALTH CARE PROVIDER SIGNATURE (MD, DO, NP, PA)**

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Patient Name: \_\_\_\_\_

**PART V: TB SCREENING: TO BE COMPLETED BY THE HEALTHCARE PROVIDER.**

**TUBERCULOSIS SCREENING (REQUIRED)**

1. Does the patient have a history of a positive tuberculin skin test (PPD) in the past?  Yes  No
  - If no, proceed to #2
  - If yes, include date of positive PPD, mm induration, date and results of most recent chest x-ray and documentation of any treatment received for latent tuberculosis.
  - Skin test SHOULD NOT be repeated. Proceed to #2
  
2. Does the student have signs or symptoms of active tuberculosis disease?  Yes  No
  - If no, proceed to #3
  - If yes, proceed with additional evaluation to exclude active tuberculosis disease including tuberculin skin testing, chest x-ray and sputum evaluation as indicated
  
3. Is the student a member of a high-risk group?  Yes  No

**\*High-risk groups include the following:**

- Students who were born in or resided in countries where TB is endemic.
  - As it is easier to identify countries of low rather than high TB prevalence, students should undergo TB screening if they were born in or resided in countries **EXCEPT**:
    - Canada, Jamaica, Saint Kitts and Nevis, Saint Lucia, USA, Virgin Islands (USA), Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Ireland, Italy, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, Norway, San Marino, Sweden, Switzerland, United Kingdom, American Samoa, Australia, or New Zealand
- Students with HIV infection.
- Students who inject drugs.
- Students who have resided in or worked in high-risk congregate settings such as prisons, nursing homes, hospitals, residential facilities for patients with AIDS, or homeless shelters.
- Students with clinical conditions such as diabetes, chronic renal failure, leukemias or lymphomas, low body weight, gastrectomy and jejunioleal bypass, chronic malabsorption syndromes, prolonged corticosteroid therapy (e.g., prednisone  $\geq$  1 month) or other immunosuppressive disorders.

**\*If you answered NO to questions 1-3, please skip the following section and sign at the bottom of the page.**

**\*If you answered YES to questions 1-3, please continue:**

- Place tuberculin skin test [Mantoux only: Inject 0.1 ml of purified protein derivative (PPD) tuberculin containing 5 tuberculin units (TU) intradermally into the volar (inner) surface of the forearm]. A history of BCG vaccination should not preclude testing of a member of a high-risk group.
- **Tuberculin Skin Test: (Must be performed within 6 months of arrival on campus)**

Date Placed: \_\_\_\_\_ Date Read: \_\_\_\_\_

Result: \_\_\_\_\_ (Record actual mm of induration, transverse diameter; if no induration, write "0". Interpretation (Based on mm induration as well as risk factors.):

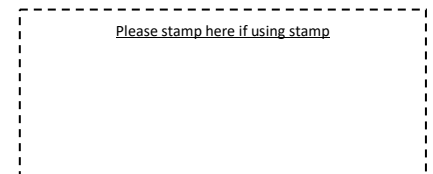
Positive  Negative

**Or** Interferon Gamma Release Assay (IGRA): Date Obtained: \_\_\_\_\_ (Specify Method)  QFT-G  QFT-GIT  Other  
Result:  Positive  Negative  Intermediate

Chest x-ray result (Required only if tuberculin skin test in #3 or IGRA is positive): Date of CXR: \_\_\_\_\_  Normal  Abnormal

**PART V: HEALTH CARE PROVIDER SIGNATURE (MD, DO, NP, PA)**

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_





Patient Name: \_\_\_\_\_

**PART VI: IMMUNIZATION RECORD: TO BE COMPLETED BY THE HEALTHCARE PROVIDER (MD, DO, NP, PA)**

**REQUIRED IMMUNIZATIONS**

Please check appropriate box →  Copy Attached **OR**  Completed Below

- COVID 19 – (1<sup>st</sup> primary series OR 1 bivalent booster)**
  - 1. Brand: \_\_\_\_\_ Date Received: \_\_\_\_\_
  - 2. Brand: \_\_\_\_\_ Date Received: \_\_\_\_\_
  - 3. Brand: \_\_\_\_\_ Date Received: \_\_\_\_\_
  - 4. Brand: \_\_\_\_\_ Date Received: \_\_\_\_\_
  
- Influenza (due no later than October 31<sup>st</sup> of entering school year)**
  - 1. \_\_\_\_\_ (Date Received)
  
- Tetanus, Diphtheria, Pertussis (#1-DPT, #2-Dtap, #3-DT, #4-Td, #5-Tdap)**
  - 1. \_\_\_\_\_ (Date Received) / 2. \_\_\_\_\_ (Date Received) / 3. \_\_\_\_\_ (Date Received) / 4. \_\_\_\_\_ (Date Received)
  - 5. **Tdap booster within last 10 years:** \_\_\_\_\_ (Date Received)
  
- Meningococcal Tetravalent ACYW-135 (e.g. Menactra, Menveo, Menomune)**
  - 1. \_\_\_\_\_ (Date Received Tetravalent Conjugate or Polysaccharide / Before Age 16)
  - 2. \_\_\_\_\_ (Date Received **Booster dose ON/AFTER age 16**)
  
- Measles, Mumps, Rubella (2 doses) (MMR)**
  - 1. \_\_\_\_\_ (Date Received) / 2. \_\_\_\_\_ (Date Received)
  - Immunity Verified by IMMUNE titer (MUST INCLUDE LAB REPORT)
  
- Varicella (2 doses) (AKA Chickenpox)**
  - 1. \_\_\_\_\_ (Date Received) / 2. \_\_\_\_\_ (Date Received) **OR** Date of Disease: \_\_\_\_\_
  - Immunity Verified by IMMUNE titer (MUST INCLUDE LAB REPORT)
  
- Hepatitis B (3 doses)** Please indicate brand IF patient was given a 2-dose series.
  - 1. \_\_\_\_\_ (Date Received) / 2. \_\_\_\_\_ (Date Received) / 3. \_\_\_\_\_ (Date Received) / Brand if 2 dose series: \_\_\_\_\_
  - Immunity Verified by IMMUNE titer (MUST INCLUDE LAB REPORT)

Recommended Immunizations

- Meningococcal B
  - Bexsero #1 \_\_\_\_\_ #2 \_\_\_\_\_ OR
  - Trumemba #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_
- Polio #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_ #4 \_\_\_\_\_ Last Booster: \_\_\_\_\_
- Hepatitis A #1 \_\_\_\_\_ #2 \_\_\_\_\_
- Human Papillomavirus (2, 4, or 9 valent) #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_
- Pneumococcal Polysaccharide vaccine #1 \_\_\_\_\_

Prior Travel Immunizations

- Typhoid (CIRCLE: Oral / Intramuscular) #1 \_\_\_\_\_ (Date Received)
- Yellow Fever #1 \_\_\_\_\_ (Date Received)

**PART VI: HEALTH CARE PROVIDER SIGNATURE (MD, DO, NP, PA)**

Health Care Provider's Name (please print): \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

Street City State Zip Code Country

Phone Number: (\_\_\_\_) \_\_\_\_\_ Fax Number: (\_\_\_\_) \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please stamp here if using stamp





**Monsour Counseling & Psychological Services** would like to welcome you to our campus! This is an exciting time in your life. To provide optimum mental health services for all our students, we invite you to complete this optional brief survey.

*Information provided in this survey is kept confidential and access to any and all information is strictly limited to healthcare professionals at Student Health Services and Monsour Counseling & Psychological Services.*

Name: \_\_\_\_\_ College: \_\_\_\_\_ Student ID: \_\_\_\_\_

Have you experienced, or are you now experiencing, any of the following?  
 (Please check ALL that apply).

			Have Received Treatment		Treatment Included: Counseling MEDS	
	YES	NO	YES	NO	YES	NO
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bipolar Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eating Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drug or Alcohol Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning Disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other Mental Health Concerns	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you been hospitalized for the above condition(s)? YES  NO

Do you plan to continue or to begin receiving treatment? YES  NO

MCAPS (on campus)  Other Mental Health Profession (off campus)

If you would like to be contacted by a staff member at MCAPS after the fall semester beings, please indicate your preferred contact information below (cell phone or email):

*Please note: Only give your contact information if you wish a staff member at MCAPS to contact you. Also please remember the security of the email cannot be guaranteed, and as such it is NOT a confidential mode of communication.*

**PLEASE RETURN COMPLETED FORM TO:**  
 Student Health Services  
 757 College Way  
 Claremont, CA 91711  
 Fax (909) 621-8472