

Early in the COVID-19 pandemic, PCR tests were almost always used to detect the virus. Over the past 2 years, more and better antigen testing options have become available, making it easier and faster to get test results at home.

Most Situations	Limited Situations
 Home antigen tests are best for when you: Have symptoms (retest after 24 – 48 hours if the first test result is negative) Have been exposed to someone who tested positive (test 5 days after exposure if no symptoms) Plan to travel, attend a gathering, or spend time with people who are at risk for serious illness 	 PCR tests are recommended when you: Are directed to get this test by your doctor Are you attending an event or activity that specifically requires a negative PCR test result

Kaiser Permanente



KP members can visit Kaiser's testing webpage <u>here</u> or scan the QR code to get a test, including no-cost home antigen tests delivered to your door.

There are many other convenient ways you can get self-tests:

- Get no-cost self-tests at a Kaiser Permanente facility today. You may be able to pick up self-tests in a Kaiser pharmacy if you're already planning a visit.
- Get no-cost self-tests from participating retail pharmacies. Medicare members can visit Medicare.gov for participating pharmacies and present their Medicare ID card at the pharmacy counter. All other members can visit Costco, Rite Aid, and Walmart, and show their photo ID and Kaiser Permanente ID card at the pharmacy counter. Availability of tests may vary.
- Buy self-tests outside Kaiser Permanente. These may be available online or at local retailers. You can submit a claim to get reimbursed for up to \$12 per test, including shipping and sales tax.

Kaiser Permanente has expanded its PCR testing capacity with more convenient options, including walk-ins and extended evening and weekend hours in some locations. To schedule an in-person test, start an e-visit. When you choose to get tested at Kaiser Permanente, you can:

- Get your results usually in 24 hours or less
- View test results on <u>kp.org</u> or the mobile app.
- Receive guidance from your care team if you test positive -- your test results are automatically saved to your medical record.

If you are out of reach of a Kaiser Permanente facility for a PCR test, you can get tested at more than 150 Color locations across the country or view our list of preferred COVID-19 testing sites.

Please note that emergency department and urgent care visits should be limited to people who need emergency or urgent care and not for COVID-19 testing.

Anthem



Anthem members can visit Anthem's testing webpage <u>here</u> or scan the QR code for more information.

How can I find a test?

Visit <u>COVIDtests.gov</u> for information on free tests that may be available through government services.

• Anthem has a limited number of at-home diagnostic test kits available for certain members to order online. Log in using the SydneySM Health mobile app or at <u>anthem.com/ca</u>. If you're eligible to order an at-home test, you'll see the option to place an order. If you don't see that option, you're ineligible but you still have other testing options available.

• You can still use in-person diagnostic COVID-19 testing sites. These may include your doctor's office, a pharmacy or health clinic, or an urgent care center. Use our COVID-19 Test Site Finder to find a testing location close to you.

• At-home diagnostic tests can be purchased over the counter, online, at a local pharmacy, or from a big-box store.

How does my plan cover the over-the-counter test?

From January 15, 2022, until the end of the Coronavirus Public Health Emergency, each individual on your plan can get up to eight over-the-counter tests each month. If you purchase a test kit that includes two rapid tests, that will count as two of your eight covered tests. The federal requirement covers your cost for diagnostic tests. However, in compliance with California state law, some Anthem plans also cover COVID-19 screening tests with no out-of-pocket costs. If you're not sure whether your plan covers COVID-19 screening, please call the Member Services number on your ID card.

How do I get reimbursed?

You will be reimbursed for over the counter COVID-19 diagnostic tests purchased on or after January 15, 2022. You may have to pay out of pocket at the time of purchase, but keep your receipt to submit a claim online. Log in to <u>anthem.com/ca</u>, go to Claims & Payment, and choose Submit a Claim. You can also log in to the SydneySM Health mobile app, go to Claims, and choose Submit a Claim. If your employer has asked you to submit receipts to your pharmacy benefit plan, please don't submit them here.

If you have an Anthem Medicaid or Medicare plan, you will need to visit your member website for information on how your health plan covers COVID-19 testing.

COVID Testing Only at Campus Vending Machines

COVID testing is only available at the six vending machines across The Claremont Colleges. The machines are located throughout campus, making getting your free test kit easy and convenient. Staff can use any vending machine on campus, regardless of institution.

Get your results via email or text within 24-48 hours of dropping off your sample! Samples should not be dropped off from Fridays at 5 pm to Saturdays at 5 pm. Samples provided during this period will expire and be rejected by the lab.

If you have any questions, please visit <u>the COVID Test Kit webpage</u> for full details, including a video with step-by-step guidance on using the vending machines. Keck Graduate Institute and Claremont Graduate University employees should contact their respective HR departments for vending machine test eligibility.

Government Services

Visit <u>www.covid.gov/tests</u> for information on free tests that may be available through government services. Alternatively, you can contact (800) 232-0233 for assistance placing an order.