



# MCAPS VIRTUAL APIDA DROP-IN SPRING 2022

**FRIDAYS 1-3PM**

RSVP individual: [bit.ly/APIDA1](https://bit.ly/APIDA1)



**January:** 28th

**February:** 4th, 11th, 18th, 25th

**March:** 4th, 11th

**April:** 1st, 8th, 15th, 22nd

Stop by for one-on-one informal,  
confidential mental wellness support  
with Dr. Miao Li from MCAPS