February 2021

Congratulations and welcome to The Claremont Colleges (TCC) and your Student Health Services!

Attached is your **Entrance Personal Health History/Medical Examination Report Form.** This form provides your history of previous medical care from your private health care provider and is the basis for your continuing medical care in college. Completion in full regardless of your status (i.e. part-time, exchange, or transfer student) is required for registration at any of The Claremont Colleges.

Please complete pages one, two and three yourself. Pages four and five are to be completed by your private health care provider. Please note that **required** immunizations and screening include:

- Hepatitis B (HBV) - 3 dose series
- Measles, Mumps, and Rubella (MMR) - two dose series
- Meningococcal Conjugate (MCV4) and booster dose at or after age 16
- Primary series of Tetanus, Diphtheria, Pertussis and Tdap booster within the last 10 years
- Tuberculosis screening questionnaire (TB skin test, CXR, or Quantiferon blood test to be performed, if indicated)
- Varicella Zoster (VZV) - 2 dose series or date of disease

Immunization records are required to prevent outbreaks of disease on campus as well as to help recognize students who are at risk should a disease outbreak occur. If you cannot locate your immunization records, you have two options:

- You can be re-immunized.
- You can have a blood test to determine immunity. If the blood test indicates that you are not immune to HBV, MMR, or VZV you will have to be re-immunized.

Once your form has been completed, mail it directly to Student Health Services at 757 College Way, Claremont, CA 91711, fax it to (909) 621-8472 or [upload your forms directly.](https://bit.ly/2WfxT3m)

All students are required to carry major medical insurance to provide supplemental coverage in the event of an acute injury or illness requiring hospitalization. A Student Health Insurance Plan (SHIP) is available to students attending TCC. Proof of insurance is required at all undergard colleges and for all grad and undergrad International Students. The Claremont Colleges Insurance plan is required for all International Students. Please contact your Dean of Students’ Office for brochures and plan information.

The staff at Student Health Services looks forward to assisting you with your health care needs while you are at The Claremont Colleges. Our website, [https://services.claremont.edu/student-health-services/](https://services.claremont.edu/student-health-services/) has more information about our services.

Thank you for your cooperation. Your compliance helps protect the health of the entire campus community.
This information is to inform you about meningococcal disease, a potentially fatal bacterial infection commonly referred to as meningitis, and the current recommendations from the Centers for Disease Control and Prevention (CDC) along with the recommendations of the Advisory Committee on Immunization Practices (ACIP).

Meningitis is rare. However, when it strikes, its flu-like symptoms make diagnosis difficult. If not treated early, meningitis can lead to swelling of the fluid surrounding the brain and spinal column as well as severe and permanent disabilities, such as hearing loss, brain damage, seizures, limb amputation, and even death. The disease strikes about 4000 Americans each year and claims about 500 lives. Between 100 and 125 meningitis cases occur on college campuses nationwide and as many as 15 students will die from the disease.

The Claremont Colleges, in an effort to keep the campus safe and as healthy as possible, now require all incoming freshmen to show proof of meningococcal vaccination. The vaccine is available at Student Health Services any day by appointment. For more information, please feel free to contact our health service and/or consult your health care provider. You can also find information about this disease on our web site, www.services.claremont.edu/shs/, which links to the website for the Centers for Disease Control and Prevention (CDC), http://www.cdc.gov/ and the American College Health Association website, http://www.acha.org/meningitis.

Please note that the required Meningococcal Tetavalent (Men ACWY) vaccination is different from the recommended Meningococcal B vaccination. All students need to have had a Meningococcal Tetavalent vaccination, with a booster dose given at age 16 or older. Meningococcal B vaccinations are strongly recommended for all students, but are not required at this time.
Claremont McKenna College--Robert Day School

In order to provide a safe and healthy environment at The Claremont Colleges, all students are required to complete this health record prior to entry.

IMPORTANT GENERAL INFORMATION

- Please read prior to completing this form:
  - SHS letter of introduction
  - Information on meningococcal disease
- If documentation of immunization is unavailable, you must be re-immunized for Hepatitis B, Measles, Mumps, Rubella, and Varicella Zoster or show proof of immunity. Meningococcal vaccination is required.
- All forms may be submitted by mail to SHS at 757 College Way, Claremont, CA 91711, faxed to (909) 621-8472 or uploaded directly to SHS at https://bit.ly/2WfxT3m.
- Please make a copy of this form for your records.

This form must be returned by August 1st for the fall semester and January 15th for the spring semester.

Part I: TO BE COMPLETED BY STUDENT

Full Legal Name:

First: ________________________________ Middle Initial: _______ Last:_______________________________ Date of Birth: __________________

Name Chosen: _______________________ Pronouns ___________________________ Gender: _________________________

ID#____________________ Home Address__________________________

Street __________________________

City ___________________________ State ______________ Zip Code ______________ Country

Primary Phone ( ) __________________ E-mail Address __________________________

Emergency Contact:

Name ___________________________ Relationship ____________________________ Phone Number (Primary) ( )

Address __________________________ Phone Number (Work) ( )

MEDICAL CARE AUTHORIZATION

I, the undersigned, hereby specifically authorize The Claremont Colleges Services Student Health Services health care provider or whomever they may designate to administer any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, in serious or major illnesses or injuries without prior notification of the undersigned or any other person and without obtaining consent of the undersigned or any other person, if in the judgment of the physician or designee it is necessary for health care reasons to proceed with the treatment without delay. I further agree that the attending health care provider or whomever they may designate may evaluate and treat all other injuries or illnesses for which help is sought. In the case of a minor student, (under the age of 18), this treatment may proceed without prior notification of the undersigned parent or guardian. I further agree that the Student Health Services may release any medical information to other campus health care providers at Monsour Counseling and Psychological Services who may be providing care.

SIGNATURE OF STUDENT: All students must sign. If under 18 years of age, Parental Signature is also required.

STUDENT ___________________________ DATE __________________

PARENT ___________________________ DATE __________________

NOTE: A release of information must be signed and dated and on file for students 18 and older before any patient records and/or, billing information may be released/discussed with a student, parent, guardian, spouse, or healthcare provider. A form is available at https://services.claremont.edu/wp-content/uploads/2020/08/Medical-Release-to-SHS.pdf or at Student Health Services.
PART II: PERSONAL HEALTH HISTORY: TO BE COMPLETED BY STUDENT

Have you ever been diagnosed with any of the following?

<table>
<thead>
<tr>
<th>YES</th>
<th>YES</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acne, severe</td>
<td>Genital warts (HPV)</td>
<td>Self Injury</td>
</tr>
<tr>
<td>Alcohol/Drug addiction</td>
<td>Headaches, frequent, severe</td>
<td>Thyroid condition</td>
</tr>
<tr>
<td>Allergies of any kind</td>
<td>Head injury</td>
<td>Urinary tract infection (recurrent)</td>
</tr>
<tr>
<td>Anemia</td>
<td>Hearing difficulty</td>
<td>Other</td>
</tr>
<tr>
<td>Anxiety or panic attacks</td>
<td>Heart disease</td>
<td></td>
</tr>
<tr>
<td>Arthritis</td>
<td>Heart murmur/Arrhythmia</td>
<td></td>
</tr>
<tr>
<td>Asthma, including exercise induced</td>
<td>High blood pressure</td>
<td></td>
</tr>
<tr>
<td>Attention deficit disorder/ADHD</td>
<td>Immune system problem</td>
<td></td>
</tr>
<tr>
<td>Back pain, chronic</td>
<td>Kidney disease</td>
<td></td>
</tr>
<tr>
<td>Bipolar disorder</td>
<td>Leukemia</td>
<td></td>
</tr>
<tr>
<td>Blood clotting disorder</td>
<td>Loss of a paired organ</td>
<td></td>
</tr>
<tr>
<td>Cancer</td>
<td>(eye, kidney, testicle)</td>
<td></td>
</tr>
<tr>
<td>Chickenpox</td>
<td>Meningitis/Encephalitis</td>
<td></td>
</tr>
<tr>
<td>COVID-19</td>
<td>Menstrual problems</td>
<td></td>
</tr>
<tr>
<td>Crohn’s Disease/Ulcerative colitis</td>
<td>Mononucleosis</td>
<td></td>
</tr>
<tr>
<td>Depression</td>
<td>Ovarian cyst</td>
<td></td>
</tr>
<tr>
<td>Diabetes</td>
<td>Pneumonia</td>
<td></td>
</tr>
<tr>
<td>Ear, nose, or throat disorders</td>
<td>Positive tuberculosis skin test</td>
<td></td>
</tr>
<tr>
<td>Eating disorder</td>
<td>Psychiatric treatment</td>
<td></td>
</tr>
<tr>
<td>Epilepsy/Seizures</td>
<td>Sickle cell trait/disease</td>
<td></td>
</tr>
<tr>
<td>Fainting/Blackouts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Genital herpes</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If you answered “YES” to any of the conditions listed above, please explain in the space below. Give the date and outcome of all conditions above or any other conditions or medical history not listed. You may attach additional sheets and old medical records if necessary.

__________________________________________________________________________

List all other surgical procedures, except fractures, with dates

__________________________________________________________________________

List all medical/psychiatric hospitalizations, with dates

__________________________________________________________________________

List all significant injuries and illnesses, with dates

__________________________________________________________________________

List any medications taken regularly

__________________________________________________________________________

List Allergy/Medication Reaction History

__________________________________________________________________________
PART III: MEDICAL INSURANCE

It is required that all students be covered by medical insurance to provide supplemental coverage for medical costs in the event of a severe illness, injury, or accident. The Claremont Colleges Services Student Health Services does not do any medical insurance billing. However, information about a student's medical coverage can expedite the process of community subspecialty referrals if necessary as well as an insurance identification card carried by the student.

Students of The Claremont Colleges are automatically enrolled into SHIP (Student Health Insurance Plan). Students wishing to waive SHIP coverage must submit proof of coverage prior to registration via the online waiver portal. Please note that this form is only for Student Health Service’s use and does NOT waive you from SHIP. If you are not waiving SHIP coverage, please check the box below. Policy information will become available after the start of Spring semester.

Please provide current medical insurance information below:

☐ I am enrolling into SHIP.

Name of Insurance Carrier ______________________________________________________

Policy Number(s) ___________________________ Phone Number for Reporting Claims ___________________________
Patient Name ____________________________

Part IV: PHYSICAL EXAMINATION: TO BE COMPLETED BY A HEALTH CARE PROVIDER ONLY

Form completed by family member/relative will not be accepted.

TO THE HEALTH CARE PROVIDER: Please review the health history provided by the student and add or complete anything of significance. After a complete physical examination, we would appreciate your evaluation of the student’s physical status, both for the student and as a basis for their continuing medical care.

Height ______________ Weight ___________ Pulse ___________ Blood Pressure ___________

Vision: (Uncorrected) R 20/______ L 20/______ (Corrected) R 20/______ L 20/______

List any allergies to medications or foods __________________________

<table>
<thead>
<tr>
<th>PHYSICAL EXAM</th>
<th>NORMAL</th>
<th>ABNORMAL</th>
<th>EXPLANATION OF ABNORMAL FINDINGS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Head/EENT</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neck/Lymph/Thyroid</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cardiovascular</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Respiratory</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breast exam</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abdomen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hernia/Testicles</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Musculo-skeletal</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neurologic</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skin</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A. TUBERCULOSIS SCREENING (Required)

1. Does the student have a history of a positive tuberculin skin test (PPD) in the past? □ Yes □ No
   If no, proceed to #2.
   If yes, include date of positive PPD, mm induration, date and results of most recent chest x-ray and documentation of any treatment received for latent tuberculosis. **Skin test should not be repeated.** Proceed to #2.

2. Does the student have signs or symptoms of active tuberculosis disease? □ Yes □ No
   If no, proceed to #3.
   If yes, proceed with additional evaluation to exclude active tuberculosis disease including tuberculin skin testing, chest x-ray and sputum evaluation as indicated.

3. Is the student a member of a high-risk group? □ Yes □ No
   Categories of high-risk students include those students who were born in or resided in countries where TB is endemic. It is easier to identify countries of low rather than high TB prevalence. Therefore students should undergo TB screening if they were born in or resided in countries **EXCEPT** those on the following list: Canada, Jamaica, Saint Kitts and Nevis, Saint Lucia, USA, Virgin Islands (USA), Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Israel, Italy, Liechtenstein, Luxembourg, Malta, Monaco, Netherlands, Norway, San Marino, Sweden, Switzerland, United Kingdom, American Samoa, Australia, or New Zealand. Other categories of high-risk students include those with HIV infection, who inject drugs, who have resided in, or worked in high-risk congregate settings such as prisons, nursing homes, hospitals, residential facilities for patients with AIDS, or homeless shelters; and those who have clinical conditions such as diabetes, chronic renal failure, leukemias or lymphomas, low body weight, gastrectomy and jejunoileal bypass, chronic malabsorption syndromes, prolonged corticosteroid therapy (e.g. prednisone ≥ 1 month) or other immunosuppressive disorders.

If no, stop. Proceed to Section B.

If yes, place tuberculin skin test [Mantoux only: Inject 0.1 ml of purified protein derivative (PPD) tuberculin containing 5 tuberculin units (TU) intradermally into the volar (inner) surface of the forearm]. A history of BCG vaccination should not preclude testing of a member of a high-risk group.

**Tuberculin Skin Test: (Must be performed within 6 months of arrival on campus)**

Date Placed: ________________ Date Read: ________________

Result: ________________ (Record actual mm of induration, transverse diameter; if no induration, write "0")

Interpretation (Based on mm induration as well as risk factors.):
□ Positive □ Negative

Or

Interferon Gamma Release Assay (IGRA): Date Obtained: ________________ (Specify Method) □QFT-G □QFT-GIT □Other ________________

Result: □ Positive □ Negative □ Intermediate

4. Chest x-ray result (Required only if tuberculin skin test in #3 or IGRA is positive): Date of CXR: ________________
□ Normal □ Abnormal
PART V: IMMUNIZATION RECORD: TO BE COMPLETED BY THE HEALTH CARE PROVIDER

B. IMMUNIZATIONS (Please fill out below) OR Attach a copy of the Immunization Record

Hepatitis B #1 _________ #2 _________ #3 _________ (REQUIRED)
Tetanus, Diphtheria, Pertussis (DPT, Dtap, DT, Td, Tdap) (REQUIRED)
#1 _________ #2 _________ #3 _________ #4 _________ Tdap booster within last 10 years: __________ 
Measles, Mumps, Rubella (MMR) (REQUIRED)
MMR #1 _________ MMR #2 _________ or had disease verified by a health care provider Y N Immunity verified by immune titer (please include lab report) 
Meningococcal Tetravalent (REQUIRED) Tetravalent conjugate (preferred) Date: __________ 
Tetravalent polysaccharide Booster: __________
Varicella #1 _________ #2 _________ (REQUIRED) or Disease (date): __________

Recommended Immunizations

Meningococcal B Bexsero #1 _________ #2 _________ or Trumenba #1 _________ #2 _________ #3 _________
Polio #1 _________ #2 _________ #3 _________ #4 _________ Last booster: __________
Hepatitis A #1 _________ #2 _________
Human Papillomavirus (2, 4, or 9 valent) #1 _________ #2 _________ #3 _________
COVID-19 #1 _________ #2 _________
Pneumococcal Polysaccharide vaccine Date __________

Prior Travel Immunizations

Typhoid (Circle: Intramuscular/Oral) Date __________ Yellow Fever Date __________

List all medications you are prescribing for the patient

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Please describe any current treatment and recommended further treatment

________________________________________________________________________
________________________________________________________________________

Recommendations for intramural/intercollegiate physical activity

☐ May participate in sports without restrictions

☐ Should not participate in sports (please explain):

________________________________________________________________________

☐ May participate with the following restrictions:

________________________________________________________________________

☐ Medical or orthopedic problem must be evaluated before participation is allowed (please explain):

________________________________________________________________________

PART VI: HEALTH CARE PROVIDER SIGNATURE

Health Care Provider’s Name (please print)

________________________________________________________________________

Address

Street __________
City __________ State __________ Zip code __________ Country __________

Phone (_____) __________ Fax (_____) __________

Signature __________________________________________ Date ________________
Monsour Counseling & Psychological Services would like to welcome you to our campus! This is an exciting time in your life. In order to provide optimum mental health services for all of our students, we invite you to complete this optional brief survey.

Information provided in this survey is confidential and access to any and all information is strictly limited to healthcare professionals at Student Health Services and Monsour Counseling & Psychological Services.

NAME: _________________________________ College _______________________

Have you experienced, or are you now experiencing, any of the following? (Please check all that apply)

<table>
<thead>
<tr>
<th></th>
<th>YES</th>
<th>NO</th>
<th>Have Received Treatment</th>
<th>YES</th>
<th>NO</th>
<th>Treatment Included:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anxiety</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Counseling</td>
</tr>
<tr>
<td>Depression</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>MEDS</td>
</tr>
<tr>
<td>Bipolar Disorder</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eating Disorder</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drug or Alcohol Abuse</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Learning Disability</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Mental Health Concern</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Have you been hospitalized for the above condition(s)? Yes [ ] No [ ]

Do you plan to continue or to begin receiving treatment? Yes [ ] No [ ]

MCAPS (on campus) [ ] Other Mental Health Professional (off campus) [ ]

If you would like to be contacted by a staff member at MCAPS after the fall semester begins, please indicate your preferred contact information here (cell phone or email):

Please note: Only give your contact information if you wish a staff member at MCAPS to contact you. Also please remember the security of email cannot be guaranteed, and as such it is not a confidential mode of communication.

PLEASE RETURN COMPLETED FORM TO:
Student Health Services
757 College Way
Claremont, CA 91711
FAX (909) 621-8472

Rev 02/21