MONSOUR COUNSELING AND PSYCHOLOGICAL SERVICES (909) 621-8202



ON-CAMPUS CRISIS:

Monsour offers 24/7 crisis services.

Call Monsour to speak with or schedule an appointment with the therapist on call.

OTHER RESOURCES:

National Suicide Hotline: 1-800-784-2433 (1-800-SUICIDE)

National Hotline: 1-800-273-8255 (1-800-273-TALK)

Didi Hirsch 24 Hour Crisis Line: 1-877-727-4747 (for Spanish 1-800-628-9454)

LGBTQ - The Trevor Lifeline: 1-866-488-7386; Trans Crisis Line: 1-877-565-8860

Crisis Text Line: Text HELLO to 741-741

Students of Color text Crisis line: Text STEVE to 741741