MONSOUR COUNSELING AND PSYCHOLOGICAL SERVICES
(909) 621-8202

ON-CAMPUS CRISIS:
Monsour offers 24/7 crisis services.
Call Monsour to speak with or schedule an appointment with the therapist on call.

OTHER RESOURCES:
National Suicide Hotline: 1-800-784-2433 (1-800-SUICIDE)
National Hotline: 1-800-273-8255 (1-800-273-TALK)
Crisis Text Line: Text HELLO to 741-741
Students of Color text Crisis line: Text STEVE to 741741