Making Food Your Friend Again

February 4, 2016
Atheneum
Claremont McKenna College

Lunch: 11:30 a.m.
Speaker: 12:00 p.m.

Note: Speaker lunches begin at 11:30 a.m. Presentations at 12:00 p.m. open to all. Reservations must be made in advance in order to attend meals at the Athenaeum. Please see Athenaeum website to make reservations.

Jessica Setnick, MS, RD, CEDRD
International Federation of Eating Disorder Dietitians

Jessica Setnick envisions a world where no one is ashamed to talk about their eating issues. She blends her anthropologist training with 17 years of experience helping individuals with eating disorders, mixes in her personal experience of eating disorder recovery and a splash of mischievous humor for a presentation that will make you think about your eating in a whole new way.