Dear Students,

As we enter into March, let’s make sure that we are taking care of our wellness. We are in the middle of the cold and flu season. Please take precautions to take care of your health. I recently got the cold, and it was not pleasant! Even though midterms are stressful, make time to rest, sleep and eat. Please be aware that Health Education Office, Monsour Counseling Psychological Services, and the Health Center are here to serve you. Please take advantages of these resources that are available.

As we approached the middle of the semester, CLSA is planning some events that may be of interest. The Spring BBQ will be taking place in April at Harvey Mudd College, as soon as the date is finalized we will inform you.

For graduating seniors, the Chicano Latino Graduation Committee have started meeting to plan out this year’s ceremony which will be taking place at Little Bridges at the Pomona Campus on May 12 at 7:00 PM. This year’s committee members consist of: William Ortiz PZ ‘19, Melissa Bañales PZ ’18, Ariana Diaz POM ’19, Melissa Skye Petito POM ’19 Karla Guerra SC ’18, Tim Valdez CMC ’19, Maria Morales CGU. CLSA is thankful for their time and effort. If you are a senior and have yet to register for graduation, please do so by visiting the CLSA website at: www.cuc.claremont.edu/clsa/

Lastly, CLSA Sponsor applications are due on March 20. Being a CLSA sponsor is a great opportunity to mentor first year Latino students who may need help acclimating to the culture and rigor of the Claremont Colleges. We have students who come from all corners of the United States and some are international. As a CLSA Sponsor, you can make a profound difference in their lives. If you have any questions, feel free to contact me.

Best of luck as you have reached the middle of the semester: Feel free to stop by CLSA, we are excited to touch base with you.

Saludos,

Tony Jimenez
Associate Dean of Students
Dr. Elizabeth Poloskov

Elizabeth Poloskov is a Senior Staff psychologist at Monsour Counseling and Psychological Services at the 5C’s. Dr. Poloskov grew up in Rancho Cucamonga, California, which is approximately 20 minutes away from the Claremont Colleges. She speaks Spanish and considers herself bi-ethnic due to the fact that her father is from Mexico, while her mother is from the Midwestern United States.

Dr. Poloskov can claim to be familiar with the 5C’s, since she not only works here, but is also a Claremont McKenna College alumna. She received a bachelor’s degree in Philosophy, Politics, and Economics from CMC. As a student, she originally planned to become an attorney.

When asked what about her experience at CMC and the 5C’s, there was a clear theme to her response: community. She decided to attend CMC because of a group of people she met when visiting the campus. She felt that there was a community. Also, CMC offered the most financial aid. She feels lucky to have studied at CMC because of the quality of education, the small classes, and the personal relationships that can be formed with professors. She shared her PPE track with 11 other people, so it’s inevitable that a tight-knit community would form.

In her junior year, she decided to join the Peace Corps. She traveled to Costa Rica where she helped others and made friends that she now considers family. After returning from the Peace Corps, she realized that she didn't get over the “need to help others”.

With a clear view in mind of what she wanted to do, she pursued her graduate studies at Arizona State University (ASU). ASU is a large state school which made her appreciate the 5C’s even more. She finished her graduate work and returned to the 5C’s as a psychologist. She was motivated to become a psychologist because she liked connecting to others and having a feeling of purpose.

Elizabeth starts helping someone by first building a solid and steady foundational relationship. She considers herself to be especially good at helping those who've never had therapy before. What keeps her going? According to Elizabeth it is, “the little a-ha moments.” She believes that therapy is a very gradual but worthwhile process.

When asked if she had a message for the CLSA community, she responded that her drop-in hours should be mentioned. Elizabeth holds a drop-in session from 1-2 on Tuesdays and urges that anyone should drop by. She states: “these sessions can be whatever you want them to be.” She ended her interview by saying that she wanted people to know that, “there are always people who care.”

We are excited that Dr. Elizabeth Poloskov is a member of our community.

Academic Achievement

Dean Maria Torres shared with families and students attending Dia de la Familia how exceptionally well the undergraduate Latino students are doing academically. How well you ask? Of the 843 Latino students at the Claremont Colleges, 82% have a cumulative GPA of 3.0/9.0 or higher. The average grade point average for Latino students is currently 3.4 on a 4.0 scale. We are incredibly proud of all our students and this incredible achievement.

Congratulations to all of you! CLSA Staff realizes this represents dedication and hard work on your part. Keep up the great work!

To those students who didn’t quite achieve the high gpa, we know you are making every effort but encourage you to reflect and consider where you might be able to improve. Consulting with your professors is always a good place to start. Maybe it is a case of honing your time management, study or organizational skills; perhaps a visit to the Writing Center to have your paper proofed before turning it in may help and make all the difference. Keep up the good work!
# March 2017

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<td>5:30 pm CLSA Sponsor Interviews</td>
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<td>César Chávez Holiday Observed</td>
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Resource Center News

Internships

Academy of Television Arts and Sciences | Student Internship Program provides over 40 industry-wide internships to college and graduate students from across the country, and has been hailed for more than a decade as one of the top ten internships in the country. The program gives college students in-depth exposure to professional television production, techniques and practices during an eight-week summer period in Los Angeles. The deadline is March 11th and application details can be found at http://www.emmys.com/internship.

The Washington Office of Latin America (WOLA) | Sally Yudelman Internship Program seeks to give interns hands-on experience and broad exposure to human rights advocacy and the foreign policy-making process. Every semester WOLA’s new interns are paired with staff mentors. They collaborate on a mix of research, analytical, and administrative work. The deadline is March 15th. Applications instructions are available at https://www.wola.org/get-involved/internships/.

Andover Philips Academy | Institute for Recruitment of Teachers (IRT) addresses the lack of diversity in the nation’s teaching faculties by recruiting outstanding students of color and other scholars committed to diversity, counseling them through the graduate school application process, and advocating for sufficient funding for advanced study. The deadline is April 1st. Additional information is available at https://irt.andover.edu/.

Georgetown University Law Center | Investigative Intern Program recognizes the need for high quality representation for indigent criminal defendants, the Criminal Justice Clinic was founded in 1960. Our goal is to ensure that persons charged with criminal offenses have access to top-notch legal services. We provide them with energetic, innovative and dedicated attorneys. As part of the Criminal Justice Clinic, the Investigative Internship Program was founded in 1985 and continues today as an integral part of the success of our clinical program. The deadline is April 1st.

Scholarships

REFORMA SCHOLARSHIP* has established a scholarship to be awarded annually for the academic year, commencing in the Fall. The award is announced at the American Library Association Annual Conference and is granted for graduate study in the field of Library and Information Science. Winners receive $1,500. The deadline is March 15th. For more details, see http://www.reforma.org/content.asp?pl=7&sl=47&contentid=47.

The 5-College Chicano Latino Alumni Association* will award scholarships to Latino undergraduates. To apply, please answer the following questions and email to clsa@cuc.claremont.edu. Respond to the following: 1. Submit a one-page personal statement that includes your family background, how you identify, your involvement with the Latino community and your career goals; 2. Describe what obstacle(s) you have had to overcome to succeed as a college student? 3. Explain how you are currently serving the Latino community, both on- and off-campus. The application deadline is midnight, April 2nd.

The National Society of Accountants Scholarship Foundation (NSA) works to build career paths into and within the accounting profession. With its scholarship awards, the Foundation assists dedicated students who are committed to a career in accounting by providing financial assistance to support their education - Winners will receive awards in the amount of $500, $1,000, or $2,000. Additional information is available at http://www.nsacct.org/education/nsascholarshipfoundation/tabid/6976/default.aspx. The deadline is March 31st.

The Davis-Putter Scholarship Fund aids students active in movements for social and economic justice. These need-based scholarships are awarded to students who are able to do academic work at the college or university level and who are active in the progressive movement. Awardees receive a maximum of $10,000/year. Apply by April 1, 2015 at http://www.davisputter.org/.

The Latin GRAMMY Cultural Foundation Scholarship Fund assists gifted music students of Latin genres. Selected applicants will receive tuition assistance through a three-tiered program of support. Scholarship selection and awards process will be guided by the Scholarship Committee of the Latin GRAMMY Cultural Foundation. The awarded applicants will become Ambassadors of the Foundation joining in promoting its mission, service to communities, and furthering its good works. Visit http://www.latingrammy.com/en/latin-grammy-cultural-foundation to review the scholarship guidelines. The deadline to apply is April 10th.
Scholarships contd.

THE EBELL SCHOLARSHIP OF LOS ANGELES continues to seek out and subsidize academically outstanding students awarding grants totaling over $200,000 annually. Winners receive between $1,500-2,500. Applicants must be residents and/or attend college in Los Angeles County. Apply by April 3rd at http://ebellofla.wordpress.com/2013/01/04/history-2/.

Brown & Caldwell has set-up the Minority Scholarship Program to help students succeed in the environmental engineering industry. Awardees receive a $5,000 in tuition scholarship for the following school year, an optional paid summer internship at a Brown and Caldwell office, and a dedicated mentor to guide the intern through the company’s information and communications resources. Apply by May 13th at http://www.brownandcaldwell.com/scholarships.asp.

*Scholarship does not require U.S. citizenship and/or a Social Security number to be eligible.

Summer Science Programs

The University of Massachusetts Medical School Summer Undergraduate Research Opportunity is a non-credit, ten-week program consisting of “hands-on” laboratory research with an investigator serving as a mentor, role model and advisor. Summer Fellows are will receive a stipend of $4,000, and local housing is arranged by the program. Additional information is available at www.umassmed.edu/summer/index.aspx. The deadline is March 10th.

Wright State University in Ohio hosts the STREAMS program to encourage students to choose careers in cardiovascular-related research. This competitive program will run from June 1st to August 7th and allows students to spend 80 percent of this time doing laboratory research under the supervision of a faculty mentor. Participants receive a stipend of $400/week plus travel expenses and free university housing. Apply online at www.med.wright.edu/streams. The deadline is March 15th.